

**Carterton 10K**

**Sunday 15th March 2015**

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**Registration Opens: 8:00am**

**Registration Closes: 10:00am**

**ELECTRONICALLY TIMED RACES**

**10k Race Licence Number:**

**Currently under application.**

**UKA Affiliation under application as of 13/1/15**

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**Venue & Start/Finish Location For Race:- Carterton Leisure Centre**

Prizes, Free car parking, Changing, showers and refreshments, Race limit 400, Free bag secure drop, Chip Timing, iPods/MP3 players not allowed.

**10K and 5K Race Entrance Fees**

|  |  |  |
| --- | --- | --- |
| **Minimum Age** | **UKA Affiliated Member** | **Non-UKA Affiliated Member** |
| **16 Years+** | **£15.00** | **£17.00** |

**Closing Date For Advanced Postal Entries:- Sunday 8th March 2015**

**No on the day entrances permitted.**

**UKA affiliation entrances MUST have a written UKA number on this entrance form that is current and up to date.**

**Affiliation will be checked again the national UKA database. Any not registered on the UKA database will need to pay non affiliated rates due to not being affiliated with UKA.**

**Send your ENTRY FORM to:**

**Carterton 10k + 5k, Carterton Leisure Centre, Broadshires Way, Carterton, Oxfordshire, OX18 1AA**

Make cheques payable to: ‘Better Leisure’ or Pay by cash or card only at Carterton Leisure Centre only.

Race enquiries: Tel 01993 840933 / Email: carterton@gll.org

**Results will be available on the day on screen then within a day or two on the Better**

**website for a full printable list**- [www.better.org.uk/carterton](http://www.better.org.uk/carterton)

**ENTRY FORM (PLEASE FILL IN BLOCK CAPITALS)**

10k Race Event 5k Race Event

First Name: ………………………………….......................... Surname: ...………………………………..........................

Address: ………………........................................................................... Home Phone No ….…………………………...................

....................................................Postcode: …………….............………… Mobile Phone No ..................................................

Email …….................................................................................…………………………………………..................................

**Age on 15/03/2015**: \_\_\_\_ DOB: \_\_ /\_\_ /\_\_\_\_ **Sex**: Male / Female **T-Shirt Size** S M L XL (mens sizes)

Affiliated UKA Club: .........................................................................................................

**Affiliated UKA Registration Number:** ....................................................... (**MUST BE CURRENT ON UKA DATABASE**)

Previous Personal Best or predicted 10k time: ...........hours................minutes

Any known medical conditions: ...................................................................................................................

Declaration: I agree to abide by the UKA/RRA rules. I am medically fit to run and understand that I enter at my own risk and that the organisers will not be held responsible for any loss, damage, action, claim, injury or illness which may arise as a result of my participation. Minimum age: 16 years on race day.

Runners Signature ………………………...................................... Date: ………......…….… **Office Use Only**: Race Number allocated: …………......

Parent / Guardian Signature ............................................... Date: ..................................

Please note: Entry forms submitted before the 1st February will be taken but not processed until the 1st February. Entry forms will be completed once payment has been processed.