

Long Wittenham 5K Fun Run & Walk

Entry Form (Please complete one for each participant)

Sunday May 17th 2015 - 11am Start at The Plough



REGISTRATION: By Post - until May 15th 2015 to:
West End Cottage, High St, Long Wittenham, OX14 4QD
Entries on the day accepted until 10.45am

ENTRY FEES: £3 adults, 50p youth (under 18), £6 family
Cheques payable to: "Wittenham Warriors"

AWARDS: Medals for first 3 Male and 3 Female finishers
A medal for the winner in each category below,
also family & other special awards
Certificates on request for all finishers

PLEASE COMPLETE

Forename	Surname	Age (if under 18)	Sex M F
Email (If you'd like this year's results, and details of next year's event)			
Address			

PLEASE SELECT CATEGORY ENTERED

Boys 7 and under (U8B)		Girls 7 and under (U8G)	
Boys 8-11 (U12B)		Girls 8-11 (U12G)	
Boys 12-17 (U18B)		Girls 12-17 (U18G)	
Men 18-49 (M)		Women 18-49 (W)	
Men 50 and Over (M50)		Women 50 and Over (W50)	

ALL CHILDREN WILL BE REQUIRED TO WEAR A SUN HAT AND USE SUNSCREEN IF WEATHER DICTATES. ALL CHILDREN UNDER 8 MUST BE ACCOMPANIED ON THE COURSE.

The Organising Committee does not accept responsibility for any injury, loss or damage sustained by anyone participating in this event.

Signed.....Date.....

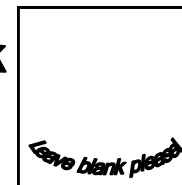
www.longwittenham.com

email enquiries to: thebowtells@hotmail.com

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