**“GROVE REVOLUTION 4” SATURDAY 24th JUNE 2017 AT 2:30pm**

**Held in Conjunction With Wantage & Grove Extravaganza**

**A New 4 Mile Road Race On A Flat, Fast, Round The Houses Course At**

**Grove Rugby Club Ground, Recreation Lane, Grove, Wantage, Oxfordshire OX12 0FL.**

**Permit Applied For Under UKA Rules. Course Certified Accurate No 17/120**

**\*To Qualify For Entry Runners Must Have Achieved One Of The Following:-**

**\*Either Run 5K In 20mins10secs Or 10K In 40mins20secs.**

**\*Please Do Not Enter Without This Qualification. Entry Limit 150. Min Age For Entry 15y.**

**Prizes:- Men First 3/First Vets over 40,50,60,70 Women First 3/First Vets over 35,45,55.**

**Teams:- First in both Men & Women’s Teams 3 To Score In Each Team.**

**Entry Fees:- Club £8:00 Unattached £10:00. Entries Close 17th June. No Entries On Day**

**Cheques Payable to:- “GROVE REVOLUTION 4” And Posted To:-**

**GR4, 9 Hardwell Close, Grove, Wantage Oxon OX12 0BN**

**Please Enclose A Stamped Addressed Envelope With Your Entry Form.**

**…………………………………………………………………………………………………………………………………………**

**ENTRY FORM FOR “GROVE REVOLUTION 4” 24th JUNE 2017**

**Surname……………………………………………….Forename…………………………………………………………….**

**Club……………………………………….URN………………………Age on 24th June…………DoB…………...**

**Address/Tele/E-mail………………………………………………….……………………………………………………..**

**…………………………………………………………………………………………………………………………………………..**

**I Agree to run under UKA rules. I am medically fit to run & understand I run at my own risk. The organizer will in no way be responsible for any injury or illness to my person during or after the event or for any property lost on the course, in changing rooms, or in the vicinity of the course.**

**Signed…………………………………………………………………………………………….Date……………………….**

**Signed……………………………………………………………Date**

GROVE REVOLUTION 4” 2:30pm SATURDAY 24 JUNE 2017 (UNDER UKA RULES)

A 4 MILE ROAD RACE ON A FAST, FLAT ROUND THE HOUSES COURSE

AT GROVE RUGBY CLUB. RECREATION LANE GROVE WANTAGE OXFORDSHIRE

TO QUALIFY FOR THIS EVENT RUNNERS MUST HAVE ACHIEVED ONE OF THE FOLLOWING:\_

EITHER 5K in 20min 10secs OR 10K in 40min:20secs WITHIN THE PAST 6 MONTHS.

PLEASE DO NOT ENTER WITHOUT THIS QUALIFICATION

MINIMUM AGE FOR ENTRY 15 YEARS

PRIZES:- Men First 3. Vets First o/40, 50,60 &70. Women First 3. Vets First o/35,45,55

Teams First Men’s & First Women’s

ENTRY FEES £7 ATTACHED/£9 UNATTACHED

CHEQUES PAYABLE TO GROVE REVOLUTION 4

POST TO DAVE MARTIN 9 HARDWELL CLOSE GROVE WANTAGE OX12 0BN

PLEASE SEND A SSA ENVELOPE WITH YOUR COMPLETED ENTRY FORM BELOW

ENTRIES CLOSE 17th JUNE. NO ENTRIES ON THE DAY

SURNAME FORENAME CLUB COMPETITORS LICENCE No

…………………………………………………………………………………………………………………………………………………………….

ADDRESS AND TELEPHONE .

……………………………………………………………………………………………………………………………………………………………

……………………………………………………………………………………………………………………………………………………………

AS AT 24 JUNE 2017 DATE OF BIRTH GENDER (M/F)…..

……………………………………………………………………………………………………………………………………………………………………

PLEASE ACCEPT MY ENTRY INTO THE GROVE REVOLUTION ‘4’ ROAD RACE.

DECLARATION I AGREE TO RUN UNDE.R UKA RULES. I AM MEDICALLY FIT TO RUN AND UNDERSTAND I RUN AT MY OWN RISK. THE ORGANIZERS WILL IN NO WAY BE HELD RESPONSIBLE FOR ANY INJURY OR ILLNESS TO MY PERSON DURING OR AFTER THE EVENT OR FOR ANY PROPERTY LOST ON THE COURSE< IN THE CHANGING ROOMS OR IN THE VICINITY OF THE COURSE

SIGNED DATE

GROVE REVOLUTION 4 2:30pm Saturday 24th June 2017 (Under UKA Rules)

A 4 Mile Road Race on a Fast, Flat, Round The House Course Certified Accurate Permit Applied For.