

The 2nd Launton Lollop



10K / 5K Multi Terrain Run and a 5K Walk

Raising money this year for Island Pond Wood Time 1:00 Saturday June 9th 2018

An interesting 1 lap course around the paths and roads of the Village of Launton

Not suitable for wheel chairs

The walk is flat but wear sturdy shoes Dogs are welcome on leads

Runners taking part in the 5K and 10K runs must be over 16

There is also a children's race around the School field

Facilities'

Baggage Area (all baggage is left at the owners risk)

Tea Coffee cake

Bar in the Harrison Public House

Enrty fee in advance £8 for the 10k £5 for the 5K Run and Walk

Entries to Nick Cherry 4 Forest Close Launton Bicester Oxon OX26 5DD

Cheque's made payable to ISLAND POND WOOD

NAME	D OB //
Address	Adult Race 10K
	5K Walk
Post Code	Children's Race
Emergency contact number	
Email Address	

"Barry Cornelius will continue to take photographs of these races for publication on his website www.oxonraces.com and for possible use by the press, and by running you accept this .If you do not wish your image to appear as a significant part of any photograph that he publishes or provides, you should put a bold red cross across your race number - felt tip pens will be provided at each race for this purpose."